

PUMA PRESS

== PRAIRIE VISTA'S WEEKLY NEWSLETTER - MARCH 1ST, 2019 ==

A LETTER FROM THE NURSE:

SAINT JOSEPH
HEALTH SYSTEM

Dear Parent/Guardians,

It is that time of year where we may see an increase in head lice. We wanted to share some helpful information with you! Should you have any questions, please contact the school health office.

Head lice typically live close to the scalp, behind the ears, or at the base of the neck. The main symptom is *itching*.

Head lice spreads from direct head-to-head contact with another individual that has a live infestation. Less frequently, contact with personal belongings, such as combs, hairbrushes, towels, pillowcases, and hats can harbor lice. As Spring approaches, remind your children not to share hats, helmets and clothing of others!

A person can spread lice as long as live lice remain in the hair of that individual and the live lice are within $\frac{1}{4}$ " from the scalp. Lice depend on human blood for survival and can't survive for more than 48 hours away from the scalp.

If your student has live head lice:

- Use an over-the-counter pediculicide (lice shampoo) as directed on the package. Retreatment with the same pediculicide may be necessary, according to the instructions on the package (usually 7-10 days after the first treatment). Repetitive use of over-the-counter head lice treatment is not recommended. Contact your healthcare provider if one round of treatment does not work.
- Use a lice comb to remove all nits (eggs)
- Household members should be evaluated for head lice, and if live lice are found, they should also be treated.
- Launder household items in hot, soapy water and dried with high heat. Hairbrushes/combs should be thoroughly cleaned or boiled. Running items through the dishwasher is another option.
- Insecticide treatment of the home or vehicle is not indicated, but vacuuming those areas is helpful.

Medical Centers

Mishawaka Medical Center
5215 Holy Cross Pkwy.
Mishawaka, IN 46545
574.335.5000

Rehabilitation Institute
60205 Bodnar Blvd.
Mishawaka, IN 46544
574.335.8800

Plymouth Medical Center
1915 Lake Ave.
Plymouth, IN 46563
574.948.4000

Senior Services

Holy Cross
17475 Dugdale Dr.
South Bend, IN 46635
574.247.7500

Saint Joseph PACE
250 E. Day Rd.
Mishawaka, IN 46545
574.247.8700

St. Paul's
3602 S. Ironwood Dr.
South Bend, IN 46614
574.284.9000

Trinity Tower
316 S. Dr. Martin Luther King Jr. Blvd.
South Bend, IN 46601
574.335.1900

VNA Home Care
3838 N. Main St., Ste. 100
Mishawaka, IN 46545
574.335.8600

510 W. Adams St., Ste. GL-50
Plymouth, IN 46563
574.335.7950

Community-Based Programs

The Foundation
707 E. Cedar St., Ste. 175
South Bend, IN 46617
574.335.4540

Health Insurance Services
5215 Holy Cross Pkwy.
Mishawaka, IN 46545
1.855.88.SJMED (1.855.887.5633)

Outreach Services
215 W. 4th St., Ste. LL201
Mishawaka, IN 46544
574.335.3898

Physician Network
707 E. Cedar St., Ste. 220
South Bend, IN 46617
574.335.8758

PENNY WARS!

Prairie Vista Penny War For PHM!

Collect your Pennies starting March 4th - March 29th

Pennies for PHM is a fundraiser to support the PHM Educational Foundation. The PHMEF funds numerous grants that have allowed Prairie Vista to acquire educational tools such as Ipads, Books for Mrs. Hlade's Book Club, Adventures in Computer Science, 4th Grade Rocks & Minerals, Bluetooth Music Room, as well as the Mindful Kindergarten Program. Prairie Vista gets 25% back of the money we raise and the students would like to raise money to purchase playground equipment!

Donate as many pennies as you can to your classroom container starting... **NOW!**

The SIXTH ANNUAL PV PENNY WAR for PHM!!!

WHEN: April 9th - April 12th, 2019

TEAMS: Each classroom has its own collection container

GOAL: To still have the most VALUE in your classroom container after the week-long PENNY WAR!!

RULES:

1. From **now** until **March 29th**, bring in as many pennies as you can to put into your classroom penny container. Don't bring in any silver coins or paper money – only pennies!!

2. Beginning on **April 9th**, bring in as many silver coins and paper money as you wish. But here's the catch – it's not going to go into your container; it's going to go into another classroom container! *This will be done during a designated time each day so as not to be disruptive to our learning.*

3. Each penny has a value of +1, but the silver coins and paper money will cancel out the value of that coin/bill.

For example, if Mrs. Hlade's class has +100 in their container at the start of the week, but a child from Mrs. Wagley's class puts in a nickel, a dime, and a quarter, then the VALUE of Mrs. Hlade's container would be down to only +60.

Nickel = -5

Dime = -10

Quarter = -25

Paper money = -face value

Reward: If we raise **over \$3000** the whole school will earn a dance party!!

MOST IMPORTANTLY, HAVE FUN!

NEXT GEN DAY: MARCH 9TH, 2019

Next Gen Day: March, 9th 2019

CREATE

Join us for
**Next
Gen Day**

Open for all children
ages 5-13
Accompanied by an adult

Coding, Robotics,
Sewing, Lego
Engineering,
Drones, and other
fun activities

Question, explore,
innovate and create
together

Families travel
together to explore
the activities

Take part in a
Fun Interactive
afternoon of
learning

- At Penn High School
Enter at Door D
- March 9th, 2019
11am-2pm
- Admission is Free
- Any questions contact
Jkinney@phm.k12.in.us

RIE: RUNNING IS ELEMENTARY - 4TH & 5TH GRADE STUDENTS

Monday, April 29 (Rain Date Wed., May 1)

3:00 p.m. – 5:30 p.m.

behind Elm Road Elementary School

59400 Elm Road, Mishawaka

“Running is Elementary” is gearing up for another great year! This is the 11th year for the one mile, non-competitive run which will feature the participation of almost 700 fourth and fifth grade students from all 11 P-H-M elementary schools. This event is FREE to students and takes place on the Penn cross-country course located behind [Elm Road Elementary School](#).

Each school year fourth and fifth graders are encouraged to join the running club at each of P-H-M's elementary schools. The kids go through this six-week club trained by designated coaches at each school. The end of the six weeks is then celebrated by participating in the Running is Elementary run.

[Click to download the RIE forms to sign your student\(s\) to participate.](#) **All Permission Forms are due March 15th!!**

Mary Frank physical education teacher and P-H-M's 2009 Teacher of the Year Cindy Batalis began this event in 2008. Running has always been a true passion for Batalis and she shares that passion with students by organizing this yearly event.

PVU: LAST DAY - MARCH 6TH, 2019

Please remember, students will be dismissed at 3:45. If your child's last name begins with A-J, please pick up at the front entrance (Door A). If your child's last name begins with K-Z, please pick up at the back entrance on the west side of the building (Door F). Adults will be at both doors of the building to assist student. It is imperative that children are picked up on time, by 3:50 pm, to avoid parents being charged for Kids Club.

SPRING THANK-A-TEACHER!

The annual **Spring Thank-a-Teacher program** will run from April 8 thru April 26, 2019. This is the perfect opportunity to thank that special teacher, bus driver, office secretary, librarian, or any other P-H-M employee that has made a difference in your child's life. The minimum donation is \$20 per recipient and the money received is used to fund future grants for programs that wouldn't otherwise be possible due to budget cuts. Your special person will receive a note and congratulatory pin acknowledging your donation. All donations to the Foundation are tax deductible. We are also taking credit cards as payment. Forms can be downloaded at www.phmef.org. Thanks for your continued support for the P-H-M Education Foundation where our mission is *to support excellence in education at P-H-M schools!* Questions can be emailed to laynabender@phmef.org.

PHM SILVER MILE BUBBLE BASH!

P-H-M SILVER MILE Bubble Bash is back with more bubbles, earlier start time and lower prices!

This untimed race welcomes runners of all experience levels while blasting through foam bogs along the course. Choose to walk or run 1.5 miles or add a second loop to run a 5K distance. ***Registration is now open! Early bird prices available until Sunday, April 21 (\$10 students/\$20 adults)***

The Silver Mile Run for Education will also include our amazing Silent Auction, Health & Fitness Expo, free health screenings by Saint Joseph Medical Center, and Talent Showcase! Our Talent Showcase will be expanded this year so we can include more of our incredibly talented students throughout P-H-M.

This fun-filled, family friendly event will take place on Saturday, May 4, from 8:30am to noon at Penn High School. Come out with your friends and family and enjoy a morning of fun and bubbles! Please visit www.phmef.org for updates and to register for the Bubble Bash.

UPCOMING DATES TO REMEMBER:

Monday, March 4th -

PUMA Full Cast - 2:20 - 3:15

PUMA Group 1 - 2:20 - 4

5th Grade - SMS Instrument Selection Night @ Schmucker - 4:30 - 8:20

Tuesday, March 5th -

4th/5th Grade Boys Basketball Games 1 vs 8 & 2 vs 6 - 2:20 - 3:15

5th Grade - SMS Instrument Selection Night @ Schmucker - 4:30 - 8:30

Wednesday, March 6th -

PUMA Full Cast - 2:20 - 3:15

PUMA Cast Group 2 - 2:20 - 4

PVU - 2:20 - 3:45

Thursday, March 7th -

4th/5th Grade Boys Basketball Games 3 vs 5 & 4 vs 7 - 2:20 - 3:15

Student Council - 2:30 - 3:10

Friday, March 8th -

4th/5th Grade Boys Basketball Games 3 vs 6 & 1 vs 7 - 2:20 - 3:15

PUMA Principal Cast - 2:20 - 4

ABOUT PRAIRIE VISTA:

 Facebook

 @PVPumaPride

 15400 Brick Road, Granger, IN, ...

 spetty@phm.k12.in.us

 574-271-0055

 prairievista.phmschools.org

